

# LIFE ElderCare: Medication Review Seminar



Hayward Area Senior Center

22325 North Third St.

Hayward, CA 94546

(510) 881-6766

# Tuesday

## December 5, 2017

10:00am-11:00am

Please join us for this **FREE** seminar

Bring your prescribed medication to the Hayward Area Senior Center to have a LIFE ElderCare staff member help keep your medication up to date and organized.

Avoid medicine-related problems.

This helps us screen for safety when taking medications, especially if you are seeing multiple doctors.



[www.haywardrec.org](http://www.haywardrec.org)

Learn with H.A.R.D.

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