

Hayward Area Recreation and Park District Employment Opportunity

Yoga Instructor- Part time/commission basis

THE POSITION

Under the general supervision of the Recreation Supervisor and Recreation Coordinator, the Contract Employee will instruct classes focused towards Senior Adults and Adults. Classes are located at Hayward Area Senior Center, Kenneth Aitken Senior & Community Center, Sorensdale Recreation Center and at Senior Satellite Activity locations.

EXAMPLE OF INSTUCTORS

- **Art & Craft Instructors:** Ceramics, Painting, Sewing, Mosaic, One Stoke, Quilting, Crochet and Knitting, Woodworking
- **Dance and Music Instructors:** Ballroom Dance, Line Dance, Tap Dance, Hula Dance, Belly Dance, Guitar, Lap Harp Classes
- **Foreign Language Instructors:** Spanish, German and French
- **Health and Fitness Instructors:** Yoga, Tai Chi Chih, Qigong, Balance and Fall Prevention, Meditation, Zumba
- **Special Interest Classes:** Autobiographical Writing, Computers, Photography, Meditation, Memory Enhancement

MINIMUM QUALIFICATIONS

- At least 18+ years old and possess a high school diploma
- Negative TB Test
- Valid CA Drivers License
- Bi-lingual a plus, but not necessary
- Certification for positions such as Yoga Instructor
- Experience and or education in field proposing to Instruct

KNOWLEDGE AND ABILITIES

- Experience working with seniors, adults and volunteers and ability to maintain positive working relationships
- Dependable and ability to exercise sound leadership practices
- Strong organizational and communication skills
- Flexibility, willing to work some evenings and weekends
- Provide excellent customer service
- Other duties as assigned



IMPORTANT INFORMATION

- Position open until filled
- All applicants must complete a H.A.R.D. application
- ADA please notify this office regarding the type of reasonable accommodations needed 3 days following recruitment closing date

LICENSES, CERTIFICATES AND OTHER REQUIREMENTS FOR THE POSITION:

- Proof of eligibility to work in the U.S.
- First Aid/CPR/AED certification preferred.
- Proof of negative TB Test
- Possession of a valid CA Driver's License
- Any offer of employment to an adult employee who will have direct contact with minors is conditional upon a satisfactory fingerprint clearance and background check (DOJ)

Applications can be obtained:
H.A.R.D. District Office
1099 "E" Street, Hayward, CA 94541
or
www.HaywardRec.org/employment

For more information, contact the Recreation Supervisor at (510)881-6768 or Keid@haywardrec.org

H.A.R.D. IS AN EQUAL OPPORTUNITY EMPLOYER